

Reg #:	Proficiency:
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## Adult Climbing & Bouldering Registration Form

**IMPORTANT!** Only use this form if You are 18yrs or over.

**Participation Statement:** Climbing and bouldering are activities with a danger of personal injury. Participants in these activities should be aware of and accept these risks and be responsible for their own actions and involvement. Although the climbing wall is an artificial environment, many of the risks involved are no less serious than when climbing outside on a crag or boulder. Climbing beyond your capabilities on any indoor wall is likely to result in a fall. Any fall may result in an injury despite the safety systems in place to avoid it. You must make your own assessment of the risks whenever you climb.

*Do you consent to Suas Climbing Centre using your details to keep in touch with you regarding your use and membership of Suas Climbing Centre? **Yes / No***

First name \_\_\_\_\_ Surname \_\_\_\_\_

Address \_\_\_\_\_

County \_\_\_\_\_ Post Code \_\_\_\_\_ Country \_\_\_\_\_

Tel No. \_\_\_\_\_ Email \_\_\_\_\_

Date of birth \_\_\_\_/\_\_\_\_/\_\_\_\_ Student  #. \_\_\_\_\_

Emergency Contact \_\_\_\_\_ Emergency Tel No. \_\_\_\_\_

How did you hear about us? \_\_\_\_\_

**Conditions of Registration:** Once you have read the Suas Rules, you must answer the following questions '✓' for Yes, 'X' for No, and sign the declaration at the bottom of the form.

- |   |                          |
|---|--------------------------|
| 1. Are you over 18 years of age?  | <input type="checkbox"/> |
| 2. Have you read and understood Suas Rules?   | <input type="checkbox"/> |
| 3. Do you understand that the matting under the climbing surfaces does not guarantee your safety? | <input type="checkbox"/> |
| 4. Do you understand that failure to exercise care could result in your injury?                   | <input type="checkbox"/> |
| <b>5. Can you put on a harness correctly?</b>   | <input type="checkbox"/> |
| <b>6. Can you attach a rope to your harness using a suitable knot?</b>                            | <input type="checkbox"/> |
| <b>7. Can you use a belay device to secure a falling climber and lower a climber safely?</b>      | <input type="checkbox"/> |
| <b>8. Have you bouldered indoors before?</b>  | <input type="checkbox"/> |
| <b>9. Do you require instruction in any of the above techniques?</b>                              | <input type="checkbox"/> |

**Please Note:** If you require instruction in any of the techniques Q6 to Q8 you will not be permitted to rope climb unsupervised. Supervisor signature required below.

**Declarations:** I confirm to the best of my knowledge and belief that I do not suffer from a medical condition or injury, which might have the effect of making it more likely that I will be involved in an accident which could result in injury to me or others. To the best of my knowledge the above information is correct and if any information changes I will notify Suas Climbing Centre in due course.

Signature \_\_\_\_\_ Date \_\_\_\_\_

Staff/Supervisor Signature \_\_\_\_\_ Date \_\_\_\_\_